MAEN

MANHATTAN 37

USER GUIDE

WELCOME

THE MANHATTAN 37

Our modern take on the landmark integrated-bracelet watches of the 1970s: a steel case with a vertically elongated octagonal bezel, a Côtes de Genève dial and an integrated bracelet.

Inside beats the La Joux-Perret G100, a Swiss Made self-winding movement. This guide covers what you need to wear, set and look after your watch.

YOUR WATCH 03

WINDING & SETTING 04

WATER RESISTANCE & CARE 05

TECHNICAL SPECIFICATIONS 06

WARRANTY & SERVICE 07

AT A GLANCE

YOUR WATCH

1	Octagonal bezel · elongated
2	Hour hand · luminous
3	Applied indices · luminous
4	Central seconds · stops for setting
5	Integrated bracelet · 20 → 16 mm
6	Minute hand · luminous
7	Crown · winding, date, time
8	Date window · date models
9	Côtes de Genève dial



WINDING & SETTING



0 · WINDING

Worn daily, the watch winds itself. If it has stopped, turn the crown clockwise at least 25 times. Fully wound, it runs for around 68 hours.

1 · DATE

Pull the crown to the first notch and turn it counter-clockwise. Avoid setting the date between 21:00 and 03:00.

2 · TIME

Pull the crown to the second notch; the seconds hand stops. Turn it either way. If the date changes as the hands pass 12, it is midnight. Without date: pull the crown fully out.

Push the crown back to 0 after setting – only then is the watch water resistant.

WATER RESISTANCE & CARE

WATER RESISTANCE · 10 ATM

Suitable for swimming and snorkelling, not for diving. Push the crown in before the watch meets water and never operate it under water. Avoid hot showers, saunas and steam, and rinse the watch in fresh water after the sea or the pool.

CARE

Clean the case and bracelet with a soft cloth, or with fresh water and a soft brush. Keep the watch away from perfume, chemicals and strong magnets – magnets can make it run fast.

BRACELET

The integrated steel bracelet tapers from 20 mm to 16 mm. Every link is held by a screw, so you can size it with a small precision screwdriver – or let a jeweller do it. Remove links evenly on both sides of the clasp.

Half links are available at maenwatches.com.

TECHNICAL SPECIFICATIONS

DIAMETER	37 mm
THICKNESS	9.3 mm
LUG TO LUG	47 mm
CASE	316L steel, polished and satin-brushed
CRYSTAL	Sapphire, anti-reflective
CASEBACK	Screw-down; display back on TOP Grade
WATER RES.	10 ATM (100 m)

MOVEMENT	La Joux-Perret G100, self-winding, Swiss Made
FREQUENCY	28,800 vph (4 Hz)
POWER RES.	~68 hours
JEWELS	24
TOP GRADE	Decorated, regulated in 5 positions, 4 ±4 s/day
DIAL	Côtes de Genève, C1 X1 Super-LumiNova
BRACELET	Integrated 316L steel, 20 to 16 mm, butterfly clasp

WARRANTY & SERVICE

WARRANTY

Two years from the date of delivery, on manufacturing defects of the movement, case and crystal. The warranty stays with the watch: a next owner is covered for the rest of the term, as long as we have the original order number.

NOT COVERED

Knocks and drops, water or fire damage, magnetisation, normal wear, and repairs or modifications we haven't approved.

SERVICE

As long as the watch runs well, it needs no service; a full service is typically due every 5–8 years. Request every repair through the service form on maenwatches.com. Under warranty, we cover insured shipping both ways, and a repair never shortens the warranty.

QUESTIONS

support@maenwatches.com – we aim to reply within two business days.

MAEN

MAENWATCHES.COM

© MAEN WATCHES · STOCKHOLM